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**Sarah Rayner RNL**  
**Senior Case Manager**

## **Experience and Qualifications**

### **Qualifications**

Advanced Diploma of Higher Education in Learning Disability Nursing - Distinction

### **Social Care Experience**

In 2003 I was senior support worker, employed to support adults with Learning Disabilities and complex health needs within a group home setting. Within this role, in addition to supporting clients I was responsible for managing the staff team, providing supervision and appraisal, organising and chairing team meetings and liaising with statutory services to provide additional funding to improve quality of care.

### **Healthcare Experience**

In 2007, I embarked upon my nurse training and qualified with an advanced diploma in higher education – Learning Disability Nursing with distinction. During my training I worked with a variety of complex clients both children and adults in the community and an inpatient setting. I directed my learning and placement experiences towards challenging behaviour prevention and intervention, as this is an area I have a keen interest.

In 2010, I began employment as a staff nurse at York House run by BIRT, Specialist Neurobehavioral brain injury hospital in York. I worked with clients who have an acquired brain injury, resulting in complex and challenging behaviours. In my role as named nurse I was responsible for the assessment of client's needs, providing professional reports, setting rehabilitation goals and targets and implementation of rehabilitation plan, working in partnership with the Multi-disciplinary team.

I was responsible for clients detained under the Mental Health Act (2007) giving information and support to clients and their relatives, I provided professional evidence at Mental Health Tribunals. I carried out capacity assessments and lead best interest meetings as per the Mental Capacity Act (2005).

I was named nurse for clients who had on-going litigation cases, gaining experience liaising with members of the litigation team, case managers and medical experts and provided witness statements to contribute to the case.

During discharge planning I would identify and liaise with statutory services to ensure they provide appropriate care packages to continue rehabilitation and safety.

During my time at York house I attended intensive acquired brain injury training and gained an in-depth understanding of the difficulties and needs resulting from an acquired brain injury and the impact this has on them, their family and friends.

Throughout my training and nursing practice, I gained skills and experience in medicine management, gastrostomy feeding, administration of injections, bowel and bladder management, including manual evacuations and catheterisation, epilepsy and emergency medication, postural management, pressure sores and chronic pain management.

In 2012 I was appointed in a managerial role as Acting Head of Care, at Daniel Yorath House, Specialist Brain Injury Assessment and Rehabilitation Centre. The first part of my role was to oversee the health and wellbeing of every client admitted to the unit, provide a medical

assessment report and care plan for all health needs. In addition I was responsible for the direct management of the support team and provided liaison between the therapists and support team.

### **Case Management**

Later in 2012, I joined CCMS as Case Manager. I made this transition to CCMS due to their specialism in the behavioural aspects of acquired brain injury and my in depth knowledge of how an acquired brain injury can effect behaviour. I am able to use my experience of acquired brain injury and behaviour to provide assessment and therapeutic input to enable clients to move through the process of rehabilitation from hospital or care home environments into supported or independent living.

Since beginning with CCMS, I have gained significant experience in the wide and varied work of case management including undertaking initial assessments, providing costed reports and implementing multi-disciplinary rehabilitation packages to maximise an individuals potential. I have supported my clients to identify appropriate housing and support packages and I am actively involved in the recruitment and supervision of support staff.

In addition I have experience in providing witness statements and liaising with professionals to support the litigation process. I currently carry a mixed case load varying from children and adults with an acquired brain injury, resulting in cognitive and behavioural issues, adults with a spinal cord injury to children and young adults with Cerebral Palsy and associated complex difficulties. I have worked with clients and professionals from the fields of personal and serious injury, clinical negligence and criminal injury cases.

In addition to my role as case manager I am responsible for medication management, gastrostomy feeding and epilepsy care plans and risk assessments for all clients where care is managed by CCMS. I complete medication and gastrostomy competency assessments with support workers and carers to ensure safe practice. I provide advice and guidance to other case managers regarding their client's health and medical needs.

I have developed training programmes on Cerebral Palsy and challenging behaviour in brain injury and deliver these to support workers, clients, families and professionals.

### **Memberships and Professional Registration**

I am registered with the Nursing and Midwifery Council (NMC) Pin: 10H0808E I am an active committee member of the Yorkshire Acquired Brain Injury Forum and Headway, Leeds. I am a member of the British Association of Brain Injury Case Managers.