



The Old Smithy, 1 – 3 North Road, Stokesley, North Yorkshire, TS9 5DU

Tel: 01642 713720

Mobile: 07715 083181

Email: sarah.rayner@ccms.org.uk

www.ccms.org.uk

Sarah Rayner RNL
Senior Case Manager / Expert Witness

Experience and Qualifications

Qualifications

Advanced Diploma of Higher Education in Learning Disability Nursing – Distinction

Specialisms

- Acquired Brain Injury
- Spinal Cord Injury
- Cerebral Palsy
- Complex Care Needs
- Learning Disabilities

Memberships and Professional Registration

- Nursing and Midwifery Council (NMC) Pin: 10H0808E
- Member of British association of Brain Injury Case Management
- From 2014 to 2020 I was a committee member for the Yorkshire Acquired Brain Injury
- Forum. From 2013 to 2018 I was an active committee member of Headway Leeds, organising monthly social events and providing information and support.

Experience

In 2003, I supported adults with Learning Disabilities and complex health needs within a group home setting. Within this role, in addition to supporting clients I was responsible for managing the staff team, providing supervision and appraisal, organising and chairing team meetings and liaising with statutory services to provide additional funding to improve quality of care.

In 2007, I embarked upon my nurse training and qualified with an advanced diploma in higher education, Learning Disability Nursing with distinction. During my training, I worked with a variety of complex clients both children and adults in the community and an inpatient setting.

In 2010, I was as a staff nurse at York House, Specialist Neurobehavioral brain injury hospital in York. I worked with clients who have an acquired brain injury, resulting in complex and challenging behaviours. In addition to meeting client needs, I provided professional evidence at Mental Health Act tribunals, undertook capacity assessments and led best interest meetings under the Mental Capacity Act.

Throughout my training and nursing practice, I gained skills and experience in medicine management, gastrostomy feeding, administration of injections, bowel and bladder management, including manual evacuations and catheterisation, epilepsy and emergency medication, postural management, pressure sores and chronic pain management.

In 2012 I was appointed in a managerial role as Acting Head of Care, at Daniel Yorath House, Specialist Brain Injury Assessment and Rehabilitation Centre in Leeds. The first part of my role was to oversee the health and wellbeing of every client admitted to the unit, provide a medical assessment report and care plan for all health needs. In addition, I was responsible for the direct management of the support team and provided liaison between the therapists and support team.

Later in 2012, I joined CCMS as Case Manager. I use my experience of acquired brain injury, complex health issues and behaviour to provide assessment and therapeutic input to enable clients to move through the process of rehabilitation from hospital or care home environments into supported or independent living.

Since working at CCMS, I have gained significant experience in the wide and varied work of case management including undertaking initial assessments, providing detailed costed reports and implementing multi-disciplinary rehabilitation packages to maximise an individual's potential. I have supported my clients to identify appropriate housing and support packages and I am actively involved in the recruitment and supervision of support staff. In 2017 I was promoted Adult Lead, providing support and direction to the case management team.

I have experience in providing witness statements and liaising with professionals to support the litigation process. I currently carry a mixed case load varying from children and adults with an acquired brain injury, resulting in cognitive and behavioural issues, adults with a spinal cord injury to children and young adults with Cerebral Palsy and associated complex difficulties. I have worked with clients and professionals from the fields of personal and serious injury, clinical negligence and criminal injury cases.

In addition to my role as case manager I am responsible for medication management, gastrostomy feeding and epilepsy care plans and risk assessments for all clients where care is managed by CCMS. I complete medication and gastrostomy competency assessments with support workers and carers to ensure safe practice. I provide advice and guidance to other case managers regarding their client's health and medical needs.

I have developed training programmes on Cerebral Palsy and challenging behaviour in brain injury and deliver these to support workers, clients, families and professionals.

Due to my vast experience in Care and Case management, in 2021, I am now an Expert Witness within the newly established expert services at CCMS.