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Georgia Morrison

Case Manager

Qualifications:

MSc Health Psychology and Clinical Skills

BSc Psychology

Professional Bodies:

Registered with British Psychological Society - 559960

Member of the British Association of Brain Injury Case Managers (BABICM)

Experience:

I graduated from Teesside University in 2017 with an MSc in Health Psychology and Clinical Skills. Within my academia I became proficient in carrying out both quantitative and qualitative research methods, more specifically related to interventions and health related behaviour change and cognitions. I have a breadth of knowledge regarding psychometric tests and when and how to use them. My MSc largely influenced my biopsychosocial approach to health care, helping provide practical skills that during employment has helped my dyadic relationship between the clients and I and any collaborative working that made itself apparent. Whilst developing my knowledge in the region of psychology and clinical skills, I also undertook modules such as safeguarding children, health policies and motivational interviewing, helping to develop my knowledge in areas closely linked to psychology.

In addition to my academic achievements, I have gained additional knowledge, skills and experience in working with a breadth of adults of all ages with varying disabilities and learning difficulties. This assisted in the development of my communication and interpersonal skills, helping to develop positive relationships with my clients. Ultimately, this led to my person-centred approach to care, based on individual differences and needs.

From 2017 I worked as a junior psychologist, conducting workplace assessments for adults with disabilities in the workplace. This was through the DWP Access to Work scheme, whereby my role was to assess for and facilitate the provision of both large- and small-scale adaptations for individuals in the workplace with a variety of physical and psychological symptoms. These disabilities ranged from hearing and visual impairments, neurological conditions,

neurodevelopmental disorders, physical disabilities, to musculoskeletal conditions; this list however is not exhaustive. Bespoke plans were made and written for each individual based on an experiential approach, acknowledging that the clients are often the experts in their disability and their areas of struggle.

These assessments recommended support for the client, and ranged from physical aids, mental health support, assistive technology, and human support, often multiple support tools and strategies overlapping one another. In doing this, I became very experienced with assessing the suitability of work environments, problem-solving and recommending any support, adaptations and equipment as required.

Additionally, I provided one to one coaching for disabled and vulnerable adults in the workplace. Sessions were aimed around the client and their needs, often adopting an eclectic approach to their support. This helped develop my skills in working with vulnerable adults, building relationships, and identifying any areas of concern, whilst encouraging independence and resilience. Areas that were often covered were areas such as pain management, chronic fatigue, mental health resilience, sleep and goal setting.

I led training and workshops for staff in a variety of workplaces, aimed at providing knowledge and raising awareness on disabilities and the appropriate support needs that an employee may need to excel independently in the workplace. This helped me develop my assertiveness, communication and interpersonal skills.

In June 2021, I joined CCMS as a Case Manager. The choice to move into case management was aimed towards further developing my interest in working with vulnerable adults, more specifically those with life changing injuries such as acquired brain injury and spinal cord injury. I joined CCMS specifically due to their reputation for providing a high-quality case management service.

Ultimately, my previous role highlighted my enjoyment for supporting clients and I take pride in doing the utmost to help them to meet their goals and I believe this reflects well in the Case Management role.