

## LISA HORSEMAN

### Case Manager / Amputee Lead

South and West Yorkshire

### **Snapshot**

With over 24 years' clinical experience as an Occupational Therapist with a strong skill set for undertaking high quality holistic assessments, developing care & rehabilitation plans, and coordinating multi-disciplinary and support teams to achieve outcomes.

### **Professional Qualifications**

BHSc Occupational Therapy (Hons)
1999

### Experience

Since qualifying as an Occupational Therapist in 1999, I have worked in the NHS, predominantly in community settings, with over 20 years of experience in rehabilitation and community services both patient facing and operational management.

In 1999 I started my career in Doncaster on a Basic Grade Occupational Therapist rotation post where I worked on Care of the Elderly, Stoke and Acute Psychiatric wards. I developed a good grounding in multi-disciplinary working and became very competent in completing holistic, functional, and environmental assessments to facilitate safe discharges. These skills were enhanced further when I gained a Senior Occupational Therapist role in Doncaster working within a Crisis Intervention Team and a newly commissioned Intermediate Care service. Completing urgent and routine assessments, planning, and delivering treatment programmes in clients' own homes, and in residential care settings. . I worked alongside social care services to achieve the best outcomes for the clients, developing a sound understanding of the social care system.



#### Contact



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### **Specialist Areas**

- Adults
- Acquired Brain Injury
- Neurological Rehabilitation
- Spinal Cord Injury
- Musculoskeletal conditions
- Amputations
- Client-centred goal setting
- MDT/IDT working

### **Memberships**

- BABICM
- Health and Care Professions Council

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### **Experience (continued)**

Here I expanded my experience in assessing for equipment and adaptations to increase independence and enhance quality of life and learnt to adapt my approach in different settings whilst navigating the challenges posed by community rehabilitation.

My career in community rehabilitation progressed in 2003 when took an Occupational Therapy position in Bassetlaw, working in a Rapid Response and Intermediate Care service. Delivering time limited rehabilitation on a 15 bedded Intermediate Care Unit and assessing patients in the community and A&E who required a rapid assessment of their physical and social needs due to a sudden change in health status (acute illness, exacerbations of long-term conditions, terminal illnesses, and palliative care). I would arrange care placements or facilitate a safe return home from A&E, arranging equipment and reablement support. The nature of this work was fast paced with short periods of treatment and required close liaison with other statutory and third sector services.

In 2004 I specialised in Falls Prevention with an Occupational Therapist role in Bassetlaw's Falls Prevention Service. Completing holistic assessments of clients in their home environment to identify causes/risks of falls, provide interventions and delegate rehabilitation programmes to reduce specific risks. It was here that I moved into a Falls Coordinator & Team Leader position where over 7 years I developed my clinical and operational leadership skills. Being a source of specialist clinical support to staff in the team and the wider organisation. The role had day to day operational responsibility and involved overseeing service delivery to a cumulative caseload of over 400 patients spread across a rural district. Allocation, staff rotas and clinical supervision were core elements of the role in addition to workforce planning, recruitment and auditing the services to inform quality improvements.

After deciding to return to client facing role, in 2016 I took an Occupational Therapist role in The Community Neurological Rehabilitation Service in Bassetlaw. Undertaking holistic, functional, and cognitive assessments, providing rehabilitation for adults who have a long-term neurological conditions and stroke. Working with clients with MS, MND, Parkinson's Disease, PSP, as well as traumatic and acquired brain injury and spinal injury to promote independence and prevent deterioration. Having clinical responsibility for assessing clients with complex neurological health care needs, planning, delivering, and reviewing individual specialised rehabilitation plans and facilitating specialist equipment provision. I have developed a good understanding of the varied presentation of neurological conditions and brain injury and navigating sometimes challenging situations.



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### **Experience (continued)**

After deciding to return to client facing role, in 2016 I took an Occupational Therapist role in The Community Neurological Rehabilitation Service in Bassetlaw. Undertaking holistic, functional and cognitive assessments, and providing rehabilitation for adults who had a long-term neurological condition or had suffered a stroke. Working with clients with MS, MND, Parkinson's Disease, PSP, as well as traumatic and acquired brain injury to promote independence and prevent deterioration. Having clinical responsibility for assessing clients with complex neurological health care needs, planning, delivering and reviewing individual specialised rehabilitation plans and facilitating specialist equipment provision. I have developed a good understanding of the varied presentation of neurological conditions and brain injury and how to navigate health and social care services in some challenging situations.

Between 2016 and 2020 I worked as Specialist Clinical Advisor to the Care Quality Commission and was active in the inspections of NHS Trusts, community services and residential and nursing care homes. I also have 3 years' experience of teaching in further education working from a syllabus I planned and delivered a programme of study, and assessed learners work against key criteria.

I joined CCMS as a Case Manager in January 2022 bringing with me transferrable skills in undertaking high quality holistic assessments, developing care & rehabilitation to work in conjunction with carefully selected professionals. I will utilise my core and enhanced skills to co-ordinate, monitor and evaluate the services required to meet client's health, social care, vocational, and recreational needs. Using available resources to achieve quality cost-effective outcomes. Helping clients and their families understand their situation and articulate their needs, guiding them through life changing events. I carry a varied caseload of settled clients and those still in litigation. As a Case Manager I support clients with acquired brain injury, visual impairment, epilepsy, challenging behaviour, and cerebral palsy, some of whom have full support teams.

I have an interest and experience in supporting clients following amputation. To maintain my skills, keep abreast of advances in rehabilitation and equipment and share these with colleagues, I am the designated Amputee Lead for CCMS.