

RUTH PHILLIPS

Case Manager

📍 Yorkshire & Humberside

Snapshot

With over 18 years of experience as a Social Worker, Ruth brings with her experience of providing holistic assessment, support and care planning to adults who have had strokes, brain injuries, progressive neurological conditions, and frailty at different stages of their rehabilitation.

Ruth is client centred, a good problem solver, able to look at situations holistically, is an excellent communicator, and is adaptable at working collaboratively with others in challenging situations. Ruth is skilled in developing positive working relationships with other professionals to the benefit of the person at the centre.

Professional Qualifications

Post Graduate Diploma in Social Work
2005

Masters in Applied Social Work
2006

Experience

I started in my career as a Social Worker in 2005 and was based in a Specialist Physical Disabilities Team, and carried out social care assessments, carer assessments, developed support plans, carried out reviews, worked regularly as a Duty Worker, and was involved in the case management of complex packages that had joint health and social care funding attached to them.

In 2007 I moved into a Transitions Team within the Physical Disabilities Team.



Contact

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Specialist Areas

- Adults
- Acquired Brain Injury
- Neurological Rehabilitation
- Safeguarding vulnerable adults
- Facilitating independence
- Client-centred goal setting
- MDT/IDT working

Memberships

- Registered Social Worker with Social Work England
- BABICM
- Headway Bradford

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Experience (continued)

I worked alongside two Occupational Therapists carrying out social care assessments with Young Adults (aged 16-25) who had Complex Physical Disabilities. I also carried out carer assessments with parents of a young person, developed support plans, attended regular review meetings at Specialist Residential Colleges and Further Education Colleges. I also joint-worked with colleagues within a Children's Complex Health and Disabilities Team, and helped to coordinate regular meetings with colleagues from that team to plan for children who were approaching the age of Transition.

In 2013 I was then given the opportunity of a Specialist Social Worker role in a Community Head Injury Rehabilitation Team based within a large hospital trust. I worked alongside Occupational Therapists and Neuro-Psychologists supporting people who had sustained a Traumatic Brain Injury. This role involved dealing with new referrals and liaising with referrers, undertaking rehabilitation assessments, undertaking social care assessments, completing support plans, and working jointly with colleagues from other professional groups. I was involved in the monitoring and review of meetings of specialist in-patient Neuro-Rehabilitation placements across West Yorkshire that were funding by specialist health budgets. I moved in 2019 to a role within a large Discharge Team based in an acute hospital trust and was hospital based during the Covid-19 pandemic. As an Experienced Social Worker, I primarily had responsibility for complex hospital discharges and took the lead in Safeguarding and Risk Management work. My role involved carrying out assessments of patient's care, health, and support needs, organising packages of care and support, and working jointly with registered discharges nurses based within the team. I worked with a wide variety of client groups including, Acquired Brain Injury, Substance Misuse, Learning Disability, Mental Health, and Dementia. The team also managed referrals from hospital wards within a busy duty worker system where I utilised my skills in prioritising, dealing with competing demands, working closely with other professionals, and organising safe discharges for patients. I regularly supported Social Work students on placement and mentored newly qualified Social Workers within the team.

In 2021 I joined the Caseworker Service at Second Chance Headway Centre. I supported clients and their families who had sustained an Acquired or Traumatic Brain Injury, by working with them to assess, plan, and advocate for their needs; to support clients in navigating complex statutory health and social care systems so that they were able to access care and rehabilitation; and coordinated regularly with other professionals and support workers involved with the client. I also conducted independent holistic assessments that were requested by legal professionals on behalf of clients, coordinated complex cases, and supported other Caseworkers within the service. Ruth is a member of the Headway Bradford branch committee and volunteers with the branch. I joined CCMS in 2023 and strongly feel that my extensive background knowledge and experience enable me to fulfil my role as Case Manager.